

# Put on the Full Armor of God Each Day

**Sunday:** Read this week's memory passage with surrounding verses so you can read it in context. Ask the Lord to help you commit this passage to memory, apply it to your life, and use it to bless others.

**Monday:** Read this week's passage (with the reference) out loud **10 times**. Cover the passage and try to say it aloud (with the reference) **10 more times**, peeking if needed. Say each memorized passage from previous weeks one time (out loud, with the reference).

**Tuesday:** Cover this week's passage and try to say the verse out loud, with the reference, **10 times**, peeking if needed. Say each memorized passage from previous weeks one time (out loud, with the reference).

**Wednesday-Saturday:** Say this week's passage and each memorized passage from previous weeks **one time** (out loud, with the reference).


### Other Suggestions:

- Repeat memorized passages once daily for at least 50 days; after that, once every week or two.
- Pray daily, asking the Lord to help his word remain in you, using it to feed your soul and minister to others.
- Take advantage of passing "idle" moments during the day to call this week's passage to mind.

These suggestions are from "An Approach to the Extended Memorization of Scripture" by Dr. Andrew Davis. [www.fbcdurham.org](http://www.fbcdurham.org)

*Be Strong in the Lord!*

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Start memorizing on:

- 6-Jan Isaiah 41:10
- 13-Jan Isaiah 43:1-3
- 20-Jan John 14:6
- 27-Jan 1 Thess 5:14-17
- 3-Feb 1 Thess 5:18-22
- 10-Feb Proverbs 3:9-10
- 17-Feb Proverbs 3:11-12
- 24-Feb John 10:27-30
- 3-Mar Acts 5:29
- 10-Mar Psalm 100:1-3
- 17-Mar Psalm 100:4-5
- 24-Mar Ephesians 2:1-3
- 31-Mar Ephesians 2:4-5
- 7-Apr Ephesians 2:6-7
- 14-Apr Ephesians 2:8-10
- 21-Apr Romans 5:8
- 28-Apr Romans 5:9-10
- 5-May Psalm 139:1-3
- 12-May Psalm 139:4-5
- 19-May Psalm 139:6-8
- 26-May Psalm 139:9-10
- 2-Jun Psalm 139:11-12
- 9-Jun Psalm 139:13-14
- 16-Jun Psalm 139:15-16
- 23-Jun Psalm 139:17-18
- 30-Jun Psalm 139:23-24
- 7-Jul Proverbs 17:9, 22
- 14-Jul Hebrews 1:1-2
- 21-Jul Hebrews 1:3-4
- 28-Jul Jeremiah 1:12
- 4-Aug Psalm 9:9-10
- 11-Aug James 1:17
- 18-Aug Psalm 27:1 [2-3]
- 25-Aug Psalm 27:4 [5]
- 1-Sep Psalm 27:13-14
- 8-Sep James 1:22-24
- 15-Sep Revelation 2:10
- 22-Sep Proverbs 26:20
- 29-Sep Jeremiah 9:23-24
- 6-Oct Romans 6:23
- 13-Oct 1 Cor 15:1-3
- 20-Oct 1 Peter 3:18
- 27-Oct Psalm 55:22
- 3-Nov Psalm 127:1
- 10-Nov James 4:7-8
- 17-Nov Psalm 119:14-16
- 24-Nov John 15:7
- 1-Dec Psalm 118:13-14
- 8-Dec Proverbs 16:32
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