

# Put on the Full Armor of God Each Day

**Sunday:** Read this week's memory passage with surrounding verses so you can read it in context. Ask the Lord to help you commit this passage to memory, apply it to your life, and use it to bless others.

**Monday:** Read this week's passage (with the reference) out loud **10 times**. Cover the passage and try to say it aloud (with the reference) **10 more times**, peeking if needed. Say each memorized passage from previous weeks one time (out loud, with the reference).

**Tuesday:** Cover this week's passage and try to say the verse out loud, with the reference, **10 times**, peeking if needed. Say each memorized passage from previous weeks one time (out loud, with the reference).

**Wednesday-Saturday:** Say this week's passage and each memorized passage from previous weeks **one time** (out loud, with the reference).


### Other Suggestions:

- Repeat memorized passages once daily for at least 50 days; after that, once every week or two.
- Pray daily, asking the Lord to help his word remain in you, using it to feed your soul and minister to others.
- Take advantage of passing "idle" moments during the day to call this week's passage to mind.

These suggestions are from "An Approach to the Extended Memorization of Scripture" by Dr. Andrew Davis. [www.fbcdurham.org](http://www.fbcdurham.org)

*Be Strong in the Lord!*

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Start memorizing on:

- 1-Jan Isaiah 40:8
- 8-Jan Rom 10:13-14 [15]
- 15-Jan Psalm 16:11
- 22-Jan Romans 15:1-2
- 29-Jan Psalm 103:1-4
- 5-Feb Psalm 103:5-7
- 12-Feb Psalm 103:8-10
- 19-Feb Psalm 103:11-14
- 26-Feb Psalm 103:15-16
- 5-Mar Psalm 103:17-19
- 12-Mar Psalm 103:20-22
- 19-Mar Psalm 86:11
- 26-Mar Ephesians 4:29
- 2-Apr Ephesians 4:31-32
- 9-Apr Deuteronomy 6:4-5
- 16-Apr Deuteronomy 6:6-7
- 23-Apr 2 Corinthians 5:17
- 30-Apr Luke 12:32-34
- 7-May Galatians 5:22-23
- 14-May Galatians 5:24-25
- 21-May Proverbs 6:20-21
- 28-May Proverbs 6:22-23
- 4-Jun Philippians 4:11-13
- 11-Jun 2 Timothy 1:7
- 18-Jun 1 Peter 5:6-8
- 25-Jun 1 Peter 5:9-10 [11]
- 2-Jul Proverbs 18:10
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- 13-Aug Psalm 91:11-13
- 20-Aug Psalm 91:14-16
- 27-Aug 1 Peter 4:16
- 3-Sep John 3:16-17
- 10-Sep Acts 4:11-12
- 17-Sep Proverbs 29:1, 11
- 24-Sep Philippians 4:19
- 1-Oct 1 Cor 10:13
- 8-Oct Isaiah 53:4-5
- 15-Oct Isaiah 53:6
- 22-Oct 1 Peter 2:24
- 29-Oct 2 Cor 4:17-18
- 5-Nov Galatians 2:20
- 12-Nov Romans 3:23-24
- 19-Nov Hebrews 11:6
- 26-Nov Romans 14:7-8, [9]
- 3-Dec John 3:36
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- 17-Dec 1 Cor 2:1-2
- 24-Dec Revelation 5:12-13
- 31-Dec Review

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